

5000m

| 5000 m | | | | | | | |
|-----------------------------|----------------------|----------|------|----------|-------|----------|--------|
| Name, Vorname | Verein | StartNr. | Jhg | Zeit | Platz | Klasse | |
| 1 Klewenhagen, Stefan | DJK JS Herzogenrath | 2375 | 1987 | 16:26,69 | 1 | M20 | 1 / 1 |
| 2 Bonnie, Christoph | DJK Elmar Kohlscheid | 2402 | 1970 | 17:15,27 | 1 | M35 | 2 / 1 |
| 3 Palm, Georg | DJK JS Herzogenrath | 2412 | 1971 | 17:24,29 | 2 | M35 | 3 / 1 |
| 4 Genick-Giammarino, Raoul | Alemannia Aachen | 2395 | 1993 | 17:59,28 | 1 | M45 | 4 / 1 |
| 5 Stüber, Gerald | Alemannia Aachen | 2351 | 1954 | 18:00,00 | 1 | M55 | 5 / 1 |
| 6 Pelzer, Holger | DJK Elmar Kohlscheid | 2406 | 1975 | 18:13,56 | 1 | M30 | 6 / 1 |
| 7 Genten, Julian | Alemannia Aachen | 2353 | 1991 | 18:17,00 | 1 | m.Jgd. A | 7 / 1 |
| 8 Gülpen, Heinz | DJK Elmar Kohlscheid | 2403 | 1957 | 18:19,11 | 1 | M50 | 8 / 1 |
| 9 Sander, Hartmut | DJK JS Herzogenrath | 2413 | 1967 | 18:21,11 | 1 | M40 | 9 / 1 |
| 10 Bischoff, Rolf-Achim | DJK Elmar Kohlscheid | 2404 | 1964 | 18:52,32 | 2 | M45 | 10 / 1 |
| 11 Schimitzek, Sven | Alemannia Aachen | 2352 | 1976 | 18:55,00 | 2 | M30 | 11 / 1 |
| 12 Maschmeier, Marie-Luise | Alemannia Aachen | 2363 | 1979 | 19:06,06 | 1 | W30 | 12 / 1 |
| 13 Ziemons, Kristina | Alemannia Aachen | 2396 | 1984 | 19:06,72 | 1 | W20 | 13 / 1 |
| 14 Fagot, Jürgen | DJK JS Herzogenrath | 2407 | 1960 | 19:19,97 | 3 | M45 | 14 / 1 |
| 15 Paluszek, Torsten | | 2408 | 1973 | 19:20,86 | 3 | M35 | 15 / 1 |
| 16 Andres, Maurice | LC Herzogenrath | 2359 | 1997 | 19:20,86 | 1 | M12 | 16 / 1 |
| 17 Schwan, Peter | DJK Elmar Kohlscheid | 2410 | 1950 | 19:21,77 | 2 | M55 | 17 / 1 |
| 18 Opre, Christoph | DJK Elmar Kohlscheid | 2409 | 1966 | 19:34,61 | 2 | M40 | 18 / 1 |
| 19 Fleckenstein, Stefan | DJK JS Herzogenrath | 2349 | 1981 | 19:38,70 | 2 | M20 | 19 / 1 |
| 20 Mamok, Arthur | DJK Elmar Kohlscheid | 2405 | 1953 | 19:38,84 | 3 | M55 | 20 / 1 |
| 21 Herma, Heike | Alemannia Aachen | 2373 | 1971 | 19:39,35 | 1 | W35 | 21 / 1 |
| 22 Schwick, Björn | Alemannia Aachen | 2354 | 1968 | 19:39,45 | 4 | M45 | 22 / 1 |
| 23 Frohn, Josef | DJK Elmar Kohlscheid | 2389 | 1962 | 20:17,74 | 5 | M45 | 1 / 2 |
| 24 Lymandt, Dennis | Kerkrade | 2356 | 1974 | 20:41,70 | 4 | M35 | 2 / 2 |
| 25 Sieven, Inga | Alemannia Aachen | 2364 | 1981 | 20:57,79 | 2 | W20 | 3 / 2 |
| 26 Papnastassio, Athanasios | Triathlon Waldfeucht | 2398 | 1972 | 21:08,72 | 5 | M35 | 4 / 2 |
| 27 Thiele, Elmar | DJK JS Herzogenrath | 2348 | 1962 | 21:27,25 | 6 | M45 | 5 / 2 |
| 28 Haupts, Hans-Werner | Alemannia Aachen | 2350 | 1954 | 21:58,43 | 4 | M55 | 6 / 2 |
| 29 März, Rita | DJK JS Herzogenrath | 2361 | 1968 | 22:09,10 | 1 | W40 | 7 / 2 |
| 30 Linnartz, Bigi | DLC Aachen | 2368 | 1961 | 22:23,08 | 1 | W45 | 8 / 2 |
| 31 Frohn, Peter | DJK Elmar Kohlscheid | 2388 | 1995 | 22:30,03 | 1 | M14 | 9 / 2 |
| 32 Biesing, Georg | Alemannia Aachen | 2399 | 1940 | 22:44,92 | 1 | M65 | 10 / 2 |
| 33 Collaris, Hubert | STB Landgraf | 2411 | 1952 | 23:26,33 | 5 | M55 | 11 / 2 |
| 34 Schulz, Gisela | DJK JS Herzogenrath | 2401 | 1947 | 23:55,14 | 1 | W60 | 12 / 2 |
| 35 Peters, Eliane | DLC Aachen | 2365 | 1961 | 23:58,52 | 2 | W45 | 13 / 2 |
| 36 Junggeburth, Nadine | DJK JS Herzogenrath | 2362 | 1977 | 24:02,39 | 2 | W30 | 14 / 2 |
| 37 Wertz, Inge | DLC Aachen | 2366 | 1957 | 24:03,63 | 1 | W50 | 15 / 2 |
| 38 Wollandt, Fridtjof | Nixxer | 2414 | 1971 | 25:20,68 | 6 | M35 | 16 / 2 |
| 39 Lymandt, Natascha | Kerkrade | 2370 | 1977 | 35:09,71 | 3 | W30 | 17 / 2 |
| 40 Creutz, Claudia | DLC Aachen | 2367 | 1962 | Aufg. | | W45 | 18 / 2 |
| 41 Theißen, Maria | DLC Aachen | 2369 | 1955 | n.a. | | W50 | 19 / 2 |
| 42 Maaß, Andre | DJK Elmar Kohlscheid | 2355 | 1967 | n.a. | | M40 | 20 / 2 |

1000m_Lauf_1

1000 m Schüler C & D

| Name, Vorname | Verein | StartNr. | Jhg | Zeit | Platz | Klasse |
|----------------------|---------------------|-----------------|------------|-------------|--------------|---------------|
| 1 Thiele, Yannick | LG Stolberg | 2306 | 2000 | 03:50,01 | 1 | M9 |
| 2 Schoenen, Jan | DJK JS Herzogenrath | 2305 | 2000 | 04:01,58 | 2 | M9 |
| 3 Eickmanns, Fynn | DJK JS Herzogenrath | 2382 | 2000 | 04:06,43 | 3 | M9 |
| 4 Straatmann, Jan | DJK JS Herzogenrath | 2387 | 2000 | 04:08,06 | 4 | M9 |
| 5 Reich, Niklas | LAC Mausbach | 2302 | 2001 | 04:08,53 | 1 | M8 |
| 6 Reul, Thorben | Alemannia Aachen | 2303 | 2001 | 04:15,02 | 2 | M8 |
| 7 Meyer, Jan | DJK JS Herzogenrath | 2383 | 2000 | 04:35,55 | 5 | M9 |
| 8 Claßen, Fabian | DJK JS Herzogenrath | 2301 | 2001 | 04:41,26 | 3 | M8 |

1000m_Lauf_2

1000 m Schüler B & A

| Name, Vorname | Verein | StartNr. | Jhg | Zeit | Platz | Klasse |
|----------------------|----------------------|-----------------|------------|-------------|--------------|---------------|
| 1 Frohn, Peter | DJK Elmar Kohlscheid | 2388 | 1995 | 03:05,29 | 1 | M14 |
| 2 Ruppert, Frederik | DJK JS Herzogenrath | 2310 | 1997 | 03:10,65 | 1 | M12 |
| 3 Janik, Rene | LAC Mausbach | 2314 | 1995 | 03:21,80 | 2 | M14 |
| 4 Leister, Wilson | Alemannia Aachen | 2308 | 1997 | 03:23,98 | 2 | M12 |
| 5 Hartung, Philipp | DJK JS Herzogenrath | 2313 | 1996 | 03:25,34 | 1 | M13 |
| 6 Schoenen, Sven | DJK JS Herzogenrath | 2311 | 1997 | 03:32,11 | 3 | M12 |
| 7 Vohn, Hannes | DJK JS Herzogenrath | 2312 | 1997 | 03:46,22 | 4 | M12 |
| 8 Mohr, Maximilian | DJK JS Herzogenrath | 2309 | 1997 | 03:50,07 | 5 | M12 |
| 9 Bonn, Joshua | DJK JS Herzogenrath | 2307 | 1997 | 03:57,38 | 6 | M12 |

800m_Lauf_1

800 m Schülerinnen C & D

| Name, Vorname | Verein | StartNr. | Jhg | Zeit | Platz | Klasse |
|----------------------------|---------------------|-----------------|------------|-------------|--------------|---------------|
| 1 Reul, Inga | Alemannia Aachen | 2323 | 1998 | 02:44,06 | 1 | W11 |
| 2 Mohr, Leonie | DJK JS Herzogenrath | 2320 | 1999 | 02:53,13 | 1 | W10 |
| 3 Rosewich, Pia | LAC Mausbach | 2324 | 1998 | 03:04,06 | 2 | W11 |
| 4 Claßen, Julia | DJK JS Herzogenrath | 2318 | 1999 | 03:08,30 | 2 | W10 |
| 5 Jansen, Michelle | LG Mützenich | 2317 | 2000 | 03:08,45 | 1 | W9 |
| 6 Broschinski, Carola | LC Herzogenrath | 2380 | 1998 | 03:10,83 | 3 | W11 |
| 7 Nellessen, Katrin | LAC Mausbach | 2378 | 2000 | 03:10,86 | 2 | W9 |
| 8 Mabilia, Noemia | DJK JS Herzogenrath | 2319 | 1999 | 03:11,05 | 3 | W10 |
| 9 Braun, Marie | LAC Mausbach | 2322 | 1998 | 03:12,40 | 4 | W11 |
| 10 Herrmanns, Maria | LAC Mausbach | 2379 | 2000 | 03:13,84 | 3 | W9 |
| 11 Stücher-Mohr, Bianca | DJK JS Herzogenrath | 2315 | 2002 | 03:19,61 | 1 | W7 |
| 12 Büttgen, Anna-Katharina | DJK JS Herzogenrath | 2384 | 2001 | 04:29,83 | 1 | W8 |

800m_Lauf_2

800 m Schülerinnen A & B

| Name, Vorname | Verein | StartNr. | Jhg | Zeit | Platz | Klasse |
|------------------------|---------------------|-----------------|------------|-------------|--------------|---------------|
| 1 Schüller-Ruhl, Tabea | DJK JS Herzogenrath | 2335 | 1994 | 02:47,01 | 1 | W15 |
| 2 Hartung, Katharina | DJK JS Herzogenrath | 2331 | 1996 | 02:48,66 | 1 | W13 |
| 3 Dohms, Maike | LC Herzogenrath | 2330 | 1997 | 02:52,52 | 1 | W12 |
| 4 Herwartz, Inga | LC Herzogenrath | 2381 | 1997 | 02:52,52 | 1 | W12 |
| 5 Thönnessen, Janina | LG Mützenich | 2333 | 1995 | 02:59,00 | 1 | W14 |
| 6 Janik, Sarah | LAC Mausbach | 2332 | 1996 | 02:59,19 | 2 | W13 |
| 7 Jansen, Katrin | LG Mützenich | 2327 | 1997 | 03:01,44 | 3 | W12 |
| 8 Schüller-Ruhl, Eva | DJK JS Herzogenrath | 2386 | 1997 | 03:06,83 | 4 | W12 |
| 9 Türke, Alina | LAC Mausbach | 2329 | 1997 | 03:08,53 | 5 | W12 |
| 10 Schwick, Paulina | Alemannia Aachen | 2336 | 1997 | 03:08,82 | 6 | W12 |
| 11 Szymczak, Marisa | DJK JS Herzogenrath | 2334 | 1995 | 03:21,27 | 2 | W14 |
| 12 Havenith, Eva-Maria | LAC Mausbach | 2326 | 1997 | 03:27,50 | 7 | W12 |

800mM

800 m Männer

| Name, Vorname | Verein | StartNr. | Jhg | Zeit | Platz | Klasse |
|----------------------|-----------------------|-----------------|------------|-------------|--------------|---------------|
| 1 Bonnie, Christoph | DJK Elmar Kohlscheid | 2402 | 1970 | 02:09,15 | 1 | M35 |
| 2 Zanders, Stefan | DJK JS Herzogenrath | 2374 | 1983 | 02:10,54 | 1 | M20 |
| 3 Schopen, Marco | LSG Eschweiler | 2339 | 1993 | 02:10,77 | 1 | MJB |
| 4 Theves, Tobias | DJK JS Herzogenrath | 2338 | 1987 | 02:16,71 | 2 | M20 |
| 5 Smeets, Hans | Achilles Top Kerkrade | 2390 | 1947 | 02:23,74 | 1 | M60 |
| 6 Kiswa, Christof | Alemannia Aachen | 2377 | 1957 | 02:38,77 | 1 | M50 |
| 7 Bündgens, Valentin | Alemannia Aachen | 2337 | 1947 | 03:11,85 | 2 | M60 |

800mF

800 m Weibl. Jgd & Frauen

| Name, Vorname | Verein | StartNr. | Jhg | Zeit | Platz | Klasse |
|-----------------------|----------------------|-----------------|------------|-------------|--------------|---------------|
| 1 Herwartz, Cora | Alemannia Aachen | 2340 | 1992 | 02:33,58 | 1 | w.Jgd. B |
| 2 Baudisch, Britta | DJK Elmar Kohlscheid | 2393 | 1992 | 02:41,01 | 2 | w.Jgd. B |
| 3 Engmann, Christiane | Alemannia Aachen | 2394 | 1989 | 02:43,09 | 1 | W20 |
| 4 Döring, Carina | LSG Eschweiler | 2343 | 1992 | 02:49,42 | 3 | w.Jgd. B |
| 5 Redenz, Ulla | Alemannia Aachen | 2341 | 1959 | 02:50,85 | 1 | W50 |
| 6 Maubach, Gisela | TV Düren | 2342 | 1957 | Aufg. | | W50 |

400mM

400 m Männl. Jgd & Männer

| Name, Vorname | Verein | StartNr. | Jhg | Zeit | Platz | Klasse | |
|---------------------|---------------------|----------|------|----------|-------|--------|-------|
| Mingenbach, Steffen | ATG Aachen | 2397 | 1991 | 55,27 | 1 | JgdA | 1 / 1 |
| Blum, Philipp | LC Herzogenrath | 2400 | 1991 | 55,75 | 2 | JgdA | 2 / 2 |
| Blücher, Christian | ATG Aachen | 2392 | 1978 | 58,08 | 1 | M30 | 3 / 1 |
| Schopen, Marco | LSG Eschweiler | 2339 | 1993 | 58,37 | 1 | MJB | 4 / 1 |
| Pawlik, Dirk | DJK JS Herzogenrath | 2385 | 1974 | 01:00,18 | 1 | M35 | 1 / 2 |
| Gusewski, Jan | Alemannia Aachen | 2344 | 1965 | 01:00,57 | 1 | M40 | 2 / 2 |

400mF

400 m Weibl. Jgd & Frauen

| Name, Vorname | Verein | StartNr. | Jhg | Zeit | Platz | Klasse | |
|----------------------|---------------------|-----------------|------------|-------------|--------------|---------------|-------|
| Schoenen, Astrid | DJK JS Herzogenrath | 2345 | 1970 | 01:06,89 | 1 | W35 | 1 / 1 |
| Herwartz, Cora | Alemannia Aachen | 2340 | 1992 | 01:07,49 | 1 | JB | 1 / 2 |
| Herma, Rebecca | DJK JS Herzogenrath | 2376 | 1993 | 01:09,47 | 2 | JB | 2 / 1 |
| Spieß, Sabrina | LSG Eschweiler | 2346 | 1993 | 01:11,88 | 3 | JB | 3 / 1 |
| Döring, Carina | ESG Eschweiler | 2343 | 1992 | 01:14,20 | 4 | JB | 2 / 2 |
| Maubach, Gisela | Dürener TV | 2342 | 1957 | 01:21,12 | 1 | W50 | 3 / 2 |
| Arbach, Miriam | ATG Aachen | 2391 | 1987 | Aufg. | | W20 | |